



Noodle Dinner

INGREDIENTS:

- 1 lb ground turkey
- 1 medium onion, coarsely chopped
- 1 cup water
- fc 1 (14.5 oz) can no salt added stewed tomatoes
- fc 1 (10 oz) package frozen green peas, thawed and drained
- 1 (3 oz) package chicken flavored ramen noodle soup mix

INSTRUCTIONS:

In a large skillet cook turkey and onion over medium heat. Cook for 8 minutes or until turkey is no longer pink; drain well. Stir in water, stewed tomatoes, peas and seasoning packet from ramen noodles. Break up noodles; stir into turkey mixture. Continue stirring and heat to boiling. Reduce heat, cover, and simmer for 6 minutes, stirring occasionally to separate noodles. Cook until noodles are tender.

