



Peanut Butter & Banana Overnight Oats

INGREDIENTS:

- fc 1/2 cup Old Fashioned Oats
- fc 1/2 cup milk
- fc 1 tablespoon creamy peanut butter
 - 1 small banana, sliced
 - 1/2 teaspoon cinnamon



INSTRUCTIONS:

Combine oats, milk and peanut butter in 2-cup mason jar; stir to blend. Add banana; sprinkle with cinnamon. Refrigerate 8 hours or overnight. Just before serving, stir to blend.

VARIATIONS:

Try adding 2 tablespoons chocolate chips, nuts or your favorite jelly for a different flavor each morning.