



Quick Ham & Cheese Rice Cake Snack

INGREDIENTS:

- fc 4 low sodium rice cakes
- fc 2 slices cheddar cheese, halved
 - 1 large slice ham, cut into 4 strips
 - Blanched asparagus
 - Cherry tomatoes, halved



INSTRUCTIONS:

Top each rice cake with 1 piece cheese, 1 strip ham, asparagus and cherry tomatoes as desired.